



September  
2024

### Tri County Elementary School

Monday	Tuesday	Wednesday	Thursday	Friday
29 <b>Vanilla Crunch Crackers</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	30 <b>Graham Crackers</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	1 <b>Giant Cinnamon Crackers</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	2 <b>Big Honey Cheerio Bowl</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	3 <b>No School Today</b>
6 <b>Happy Labor Day</b>	7 <b>Cheerios Bar</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	8 <b>Ultimate Breakfast Round - Banana Chocolate Chip</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	9 <b>R/S Trix Cerea;</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	10 <b>Benefit Bar</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk
13 <b>Scooby Doos</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	14 <b>Maple Waffles</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	15 <b>Jungle Crackers</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	16 <b>Ultimate Breakfast Round - Oatmeal Apple Cinnamon</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	17 <b>Big Lucky Charms</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk
20 <b>Cinnamon Toast Crunch Bar</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	21 <b>Big Cocoa Puffs Cereal</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	22 <b>Cinnamon Oat Crisps</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	23 <b>Fruit Muffin</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	24 <b>Confetti Panckaes</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk
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**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim milk.

For questions, comments, or suggestions, call Lisa Newton, Director of Food Services @ 231-937-4338 ext. 1118

Menus subject to change without notice

Assorted fruit, dried fruit, or fruit juice will be provided each day.