



September/October  
2025

**Tri County Elementary School**

Monday	Tuesday	Wednesday	Thursday	Friday
15 <b>Crunchmania Crackers</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	16 <b>Big Honey Cheerio Bowl</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	17 <b>Giant Cinnamon Crackers with Peanut Butter</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	18 <b>Maple Waffles</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	19 <b>Big Lucky Charms Bar and a String Cheese</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk
22 <b>Fruit Muffin with Peanut Butter</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	23 <b>French Toast Crackers</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	24 <b>Ultimate Breakfast Round</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	25 <b>Big R/S Trix Cereal with a String Cheese</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	26 <b>Blueberry Pancakes</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk
29 <b>Scooby Duo Crackers with Peanut Butter</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	30 <b>Big Cinnamon Toast Bar</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	1 <b>Jungle Crackers and Small Lucky Charms</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	2 <b>Oatmeal Banana Round with String Cheese</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	3 <b>Cinnamon Crisps with Peanut Butter</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk
6 <b>Big Blueberry Chex</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	7 <b>Big CTC Bar</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	8 <b>Fruit Muffin with Peanut Butter</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	9 <b>Confetti Pancakes with String Cheese</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	10 <b>Pretzels and Peanut Butter</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim milk.

For questions, comments, or suggestions, call Lisa Newton, Director of Food Services @ 231-937-4338 ext. 1118

Menus subject to change without notice