## Tri County Elementary School

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Pretzels <br> Peanut Butter Fruit, Juice, or Dry Fruit 1\% Low-fat Milk Skim Milk | Big R/S Cocoa Puffs <br> Fruit, Juice, or Dry Fruit <br> 1\% Low-fat Milk <br> Skim Milk | Crunchmania <br> Fruit, Juice, or Dry Fruit 1\% Low-fat Milk Skim Milk | Trix Cereal Bar <br> Fruit, Juice, or Dry Fruit 1\% Low-fat Milk Skim Milk | Goldfish Crackers <br> Fruit, Juice, or Dry Fruit <br> 1\% Low-fat Milk <br> Skim Milk |
| Fruit Muffin Fruit, Juice, or Dry Fruit 1\% Low-fat Milk Skim Milk | Cheerios Bar <br> Fruit, Juice, or Dry Fruit 1\% Low-fat Milk Skim Milk | Ultimate Breakfast Round <br> Fruit, Juice, or Dry Fruit 1\% Low-fat Milk Skim Milk | R/S Frosted Flakes <br> Fruit, Juice, or Dry Fruit 1\% Low-fat Milk Skim Milk | olden Graham Cereal Bar <br> Fruit, Juice, or Dry Fruit 1\% Low-fat Milk <br> Skim Milk |
| $15$ <br> Crunchmania <br> Fruit, Juice, or Dry Fruit 1\% Low-fat Milk Skim Milk | Honey Nut Cheerios <br> Fruit, Juice, or Dry Fruit <br> 1\% Low-fat Milk <br> Skim Milk | Jungle Crackers <br> Cheese Stick <br> Fruit, Juice, or Dry Fruit <br> 1\% Low-fat Milk <br> Skim Milk | Cinnamon Giant Goldfish <br> Fruit, Juice, or Dry Fruit <br> 1\% Low-fat Milk <br> Skim Milk | Big Lucky Charms <br> Fruit, Juice, or Dry Fruit <br> 1\% Low-fat Milk <br> Skim Milk |
| Cheesy Chex Mix <br> Fruit, Juice, or Dry Fruit <br> 1\% Low-fat Milk <br> Skim Milk | Big Blueberry Chex <br> Fruit, Juice, or Dry Fruit 1\% Low-fat Milk Skim Milk | Cinn Toast Crunch Bar <br> Cheese Stick <br> Fruit, Juice, or Dry Fruit <br> 1\% Low-fat Milk <br> Skim Milk | Fruit Muffin <br> Fruit, Juice, or Dry Fruit <br> 1\% Low-fat Milk <br> Skim Milk | Chocolate Chip Crisps <br> Fruit, Juice, or Dry Fruit 1\% Low-fat Milk Skim Milk |

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include $1 \%$ white and skim milk.

For questions, comments, or suggestions, call Lisa Newton, Director of Food Services @ 231-937-4338 ext. 1118

Assorted fruit cups, dried fruit, and fruit juice will be provided each day.

FOOD FOCUS: Enter menu messages or food focus info here.

MIDDLE: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include $1 \%$ white and skim chocolate.

ELEMENTARY: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include $1 \%$ white and skim chocolate.


No School<br>Today<br>Happy Spring<br>Break

|  |  | Cinn Toast <br> ~.....-L n-- <br> Cheese Stick <br> Fruit, Juice, <br> 1\% Low-fat <br> Skim Milk | Fruit Muffin <br> Fruit, Juice, 1\% Low-fat Skim Milk | Chocolate Chip Crisps <br> Fruit, Juice, <br> 1\% Low-fat <br> Skim Milk | Chocolate Chip Crisps <br> Fruit, Juice, 1\% Low-fat Skim Milk |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Peanut Butter | Pretzels |  |  |  |  |
| Fruit, Juice, or Dry Fruit | Peanut Butter | Big R/S Cocoa Puffs | Big Lucky Charms | Cheesy Chex Mix |  |
| 1\% Low-fat Milk | Fruit, Juice, or Dry Fruit | Fruit, Juice, or Dry Fruit | Fruit, Juice, or Dry Fruit | Fruit, Juice, or Dry Fruit |  |
| Skim Milk | 1\% Low-fat Milk | 1\% Low-fat Milk | 1\% Low-fat Milk | 1\% Low-fat <br> Milk |  |
|  | Skim Milk | Skim Milk | Skim Milk | Skim Milk |  |



