



October  
2025

## Tri County Elementary School

Monday	Tuesday	Wednesday	Thursday	Friday
13 <b>Crunchmania Crackers</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	14 <b>Big Honey Cheerio Bowl</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	15 <b>Giant Cinnamon Crackers with Peanut Butter</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	16 <b>Maple Waffles</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	17 <b>Big Lucky Charms Bar and a String Cheese</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk
20 <b>Fruit Muffin with Peanut Butter</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	21 <b>French Toast Crackers</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	22 <b>Ultimate Breakfast Round</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	23 <b>Big R/S Trix Cereal with a String Cheese</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	24 <b>Blueberry Pancakes</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk
27 <b>Scooby Duo Crackers with Peanut Butter</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	28 <b>Big Cinnamon Toast Bar</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	29 <b>Jungle Crackers and Small Lucky Charms</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	30 <b>Oatmeal Banana Round with String Cheese</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	31 <b>Cinnamon Crisps with Peanut Butter</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk
3 <b>Big Blueberry Chex</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	4 <b>Big CTC Bar</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	5 <b>Fruit Muffin with Peanut Butter</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	6 <b>Confetti Pancakes with String Cheese</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	7 <b>Pretzels and Peanut Butter</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim milk.

Menus subject to change without notice

For questions, comments, or suggestions,  
call Lisa Newton, Director of Food  
Services @ 231-937-4338 ext. 1118