



January  
2024

## Tri County Elementary School

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>Happy Holidays</b>	2	3 <b>Crunchmania</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	4 <b>Trix Cereal Bar</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	5 <b>Goldfish Crackers</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk
8 <b>Fruit Muffin</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	9 <b>Cheerios Bar</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	10 <b>Ultimate Breakfast Round</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	11 <b>R/S Frosted Flakes</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	12 <b>Golden Graham Cereal Bar</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk
15 <b>Crunchmania</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	16 <b>Honey Nut Cheerios</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	17 <b>Jungle Crackers</b> Cheese Stick <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	18 <b>Cinnamon Giant Goldfish</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	19 <b>Big Lucky Charms</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk
22 <b>Cheesy Chex Mix</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	23 <b>Big Blueberry Chex</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	24 <b>Cinn Toast Crunch Bar</b> Cheese Stick <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	25 <b>Fruit Muffin</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	26 <b>Chocolate Chip Crisps</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim milk.

For questions, comments, or suggestions,  
call Lisa Newton, Director of Food Services  
@ 231-937-4338 ext. 1118

Menus subject to change without notice