



# Tri County Middle School

LUNCH MENU September 30 - October - 4th, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>create</b>	No School Today	<b>Chicken Bar</b> Spicy or Regular Chicken Patty <i>Regular or Pretzel Bun</i> Assorted Cheeses and Seasoned Curly Fries	<b>Mac &amp; Cheese with Ham</b> Macaroni & Cheese with Diced Ham <i>Homestyle Biscuit Seasoned Peas</i>	<b>Meatloaf Sub</b> Cheese & Ketchup Meatloaf Sandwich on a WG Sub Roll Seasoned Cauliflower	<b>Chicken Gravy Bowl</b> Popcorn Chicken <i>Mashed Potatoes with Gravy</i> Shredded Cheddar Breadstick
	<b>2<sup>mate</sup></b>	Pepperoni Pizza Classic Cheese Pizza	Sausage Pizza Classic Cheese Pizza	Chicken Bacon Ranch Pizza Classic Cheese Pizza	Pizza Fiestada Classic Cheese Pizza
<b>grill'd</b>		Classic Cheeseburger Breaded Chicken Sandwich	Chicken Nuggets with a Dinner Roll Garden Burger on a Pretzel Bun	Breaded Chicken with Pickles Sandwich Jalapeno Cheddar Turkey Burger	Cheddar Guacamole Burger Ham, Egg, and Cheese Quesadilla
	<b>ON THE GO</b>	Chicken Chef Salad	Roast Beef Wrap with Provolone and Horseradish	Ham, Salami, and Pepperoni Sub	Ham & Cheddar Chef Salad
Make your own Parfait Bar					
<b>EXTRA EXTRA</b>	Celery Sticks Cheddar Pea Salad Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Power Carrots	Sliced Cucumbers Power Carrots Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Italian Chickpea Salad	Fresh Cauliflower Celery Sticks Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Italian Chickpea Salad	Power Carrots Cheddar Pea Salad Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Cherry Tomatoes	Cherry Tomatoes Power Carrots Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Broccoli Florets

**MIDDLE SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.**

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338