









## **Tri County Middle School**

LUNCH MENU August 18th - 22nd, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
	Soup and Sandwich	Burger Bar	Chicken Wings	Breakfast Bowl	
Create	Grilled Cheese Sandwich Tomato Soup	100% Beef Patty Regular or Pretzel Bun Assortea Uneeses, Lettuce, Tomatoes, and other Burger tonnings Seasoned Curly Fries	Sweet & Sour Chicken Wings Chinese Noodles with Nutbutter Sauce S&S Dipping Sauce	Scrambled Eggs with Peppers and Onions, Cheese, and Tater Tots WG Fruit Muffin	No School Today
mato	Pepperoni Pizza	Bacon Cheeseburger Pizza	Breakfast Quesadilla	Pepperoni Pizza with Jalapenos	Supreme Sausage Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	Classic Cheeseburger	Veggie Burger	Pizza Burger	BLT Burger	Classic Cheeseburger
	Breaded Chicken Sandwich	Chicken Sandwich with BBQ and Cheddar	Chicken Ranch Sandwich	Hot Turkey Sandwich with Bacon/Provolone	Grilled Chicken Sandwich
ONEGO	Chicken BLT Salad	Turkey Hummus Wrap with Spinach/Tomatoes	Roast Beef and Provolone on Sliced Bread	Chef Salad with Ham & Cheddar	Egg Salad and Lettuce on a Croissant
	Make your own Parfait Bar				
3	Black Bean Salad	Celery Sticks	Power Carrots	Black Bean Salad	Cauliflowerettes
	Romaine Lettuce	Romaine Lettuce	Romaine Lettuce	Romaine Lettuce	Romaine Lettuce
23	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
	Sliced Red Peppers	Baby Carrots	Tomatoes	Peapods	Black Bean Salad
	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
	Power Carrots	Sliced Cucumbers	Cauliflowerettes	Sliced Cucumbers	Grape Tomatoes

MIDDLE SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338