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## Tri County Middle School LUNCH MENU February 12th - 16th, 2024

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Breakfast for Lunch | Drum \& Mac | Totchos | Sub Bar |  |
| $\begin{aligned} & \square \\ & +\infty \\ & a \\ & \square \end{aligned}$ | Scrambled Eggs Sausage Patty French Toast Sticks Hash Browns Maple Syrup | Breaded Chicken Drumstick Macaroni \& Cheese 2 Bean Salad | Tater Tots topped with Turkey Barbacoa <br> Pico de Gallo Shredded Lettuce Shredded Cheddar <br> Garlic Flatbread Chips | Sub topping include: Turkey, Ham, Salami, Assorted Cheeses and Veggies <br> WG Hoagie Bun Fun Fritos | No School Today |
|  | Pepperoni Pizza <br> Classic Cheese Pizza | Meat Lover's Pizza Classic Cheese Pizza | Chicken Broccoli Alfredo Pizza <br> Classic Cheese Pizza | Turkey Barbacoa Cheese Quesadilla <br> Classic Cheese Pizza | Hawaiian Pizza Classic Cheese Pizza |
| E | Cheeseburger on a Bun <br> Spicy Chicken Sandwich | Pizza Burger <br> Hot Ham and Cheese Sandwich | Pepperjack Cheeseburger Spicy Chicken with Pickles | BLT Burger <br> Shredded BBQ Chicken on a Bun | Turkey Cheeseburger <br> BBQ Pulled Pork Sandwich |
| $\begin{gathered} 8 \\ \substack{8 \\ 3 \\ 7} \end{gathered}$ | Hummus with Chips and Veggies | Chicken Salad on a Croissant | Chicken Wrap with Buffalo Mayo | Greek Chicken Salad | Triple Decker PB\&J Sandwich |
|  | Make your own Parfait Bar |  |  |  |  |
|  | Caribbean Salad <br> Power Carrots <br> Chopped Romaine Grape Tomatoes Fresh Whole Fruit Assorted Chilled Fruit | Celery Sticks Garbanzo Beans Chopped Romaine Garbanzo Beans Fresh Whole Fruit Assorted Chilled Fruit | Sliced Cucumbers Caribbean Salad Chopped Romaine Garbanzo Beans Fresh Whole Fruit Assorted Chilled Fruit | Power Carrots Garbanzo Beans Chopped Romaine Pea Salad <br> Fresh Whole Fruit Assorted Chilled Fruit | Fresh Cauliflower Garbanzo Beans Chopped Romaine Garbanzo Beans Fresh Whole Fruit Assorted Chilled Fruit |

MIDDLE SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include $1 \%$ white and skim chocolate.

Forquestions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338

