



Tri County Middle School

LUNCH MENU October 6th - 10th, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast for Lunch	Salisbury Bowl	Nacho Bowl	Chicken Tender Bowl	Hot Dog Bar
create	Scrambled Eggs with a Sausage Patty Pancake Bites Maple Syrup Hash Brown Patties	Salisbury Steak Mashed Potatoes with Creamy Beef Gravy Sauted Mushrooms Mini Sub Roll	Spicy Taco Meat Tortilla Chips Cheese Sauce Refried Beans Guacamole, Pico de Gallo, and Sour Cream	Chicken Tenders with a Korean Sesame BBQ Sauce Seasoned Cruly Fries	All Beef Hot Dog Toppings include Chili, Macaroni & Cheese, Tomatoes, Onions, Jalapenos Boston Baked Beans
2nd mate	Pepperoni Pizza Classic Cheese Pizza	Chicken Cheddar Quesadilla Classic Cheese Pizza	Bacon Tater Tot Pizza Classic Cheese Pizza	BBQ Chicken Pizza Classic Cheese Pizza	French Bread Pepperoni Pizza Classic Cheese Pizza
grill'd	Classic Cheeseburger Breaded Chicken on a Bun	Spicy Tenders with a Biscuit Ham & Pepperjack Quesadilla	BLT Biurger Chicken Club on WG Sandwich Bread	Spicy Chicken with Cheese on a Bun BBQ Riblet on a WG Bun	Mushroom Swiss Burger Nashville Chicken Nuggets with Corn Muffin
ON-GO	Chicken Bacon Club Sandwich	Ham & Cheese Chef Salad	Turkey Cobb Salad	Tuna Salad on Croissant	Veggie Wrap with Egg and Cream Cheese
	Make your own Parfait				
EXTRA EXTRA	Power Carrots Fresh Whole Fruit Three Bean Salad Power Carrots Celery Sticks Assorted Chilled Fruit	Fresh Celery Sticks Chopped Romaine Fresh Whole Fruit Pea Salad Pear Raisin Salad Assorted Chilled Fruit	Fresh Broccoli Grape Tomatoes Fresh Whole Fruit Assorted Chilled Fruit Power Carrots Chopped Romaine	Pea Salad Grape Tomatoes Fresh Whole Fruit Assorted Chilled Fruit Three Bean Salad Chopped Romaine	Baby Carrots Red Peppers Fresh Whole Fruit Assorted Chilled Fruit Pear Raisin Salad Chopped Romaine

MIDDLE SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338