



Tri County Middle School

LUNCH MENU October 13th - 17th, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
	Soup and Sandwich	Burger Bar	Chicken Wings	Ham & Cheese	PB&J
create	Cranberry Apple Chicken Salad Wrap with Shredded Lettuce Tomato Soup	100% Beef Patty <i>Regular or Pretzel Bun</i> <i>Assorted Cheeses,</i> <i>Lettuce, Tomatoes,</i> <i>and other Burger</i> <i>toppings</i> Seasoned Curly Fries	Sweet & Sour Chicken Wings <i>Egg Roll</i> <i>S&S Dipping Sauce</i> <i>Fortune Cookie</i>	Ham & Cheese on a WG Bun, Baby Carrots, Fresh Apple, Fritos	PB&J Baby Carrots, Fresh Pear, Fritos
2 matoes	Pepperoni Pizza Classic Cheese Pizza	Bacon Cheeseburger Pizza Classic Cheese Pizza	Breakfast Quesadilla Classic Cheese Pizza	Pepperoni Pizza with Jalapenos Classic Cheese Pizza	Supreme Sausage Pizza Classic Cheese Pizza
grill'd	Classic Cheeseburger Breaded Chicken Sandwich	Veggie Burger Chicken Sandwich with BBQ and Cheddar	Pizza Burger Chicken Ranch Sandwich	BLT Burger Hot Turkey Sandwich with Bacon/Provolone	Classic Cheeseburger Grilled Chicken Sandwich
ON GO THE	Chicken BLT Salad	Turkey Hummus Wrap with Spinach/Tomatoes	Roast Beef and Provolone on Sliced Bread	Chef Salad with Ham & Cheddar	Egg Salad and Lettuce on a Croissant
	Make your own Parfait Bar				
EXTRA	<i>Black Bean Salad</i> <i>Romaine Lettuce</i> <i>Fresh Whole Fruit</i> <i>Sliced Red Peppers</i> <i>Assorted Chilled Fruit</i> <i>Power Carrots</i>	<i>Celery Sticks</i> <i>Romaine Lettuce</i> <i>Fresh Whole Fruit</i> <i>Carrot Raisin Salad</i> <i>Assorted Chilled Fruit</i> <i>Sliced Cucumbers</i>	<i>Carrot Raisin Salad</i> <i>Romaine Lettuce</i> <i>Fresh Whole Fruit</i> <i>Tomatoes</i> <i>Assorted Chilled Fruit</i> <i>Cauliflowerettes</i>	<i>Black Bean Salad</i> <i>Romaine Lettuce</i> <i>Fresh Whole Fruit</i> <i>Peapods</i> <i>Assorted Chilled Fruit</i> <i>Sliced Cucumbers</i>	<i>Cauliflowerettes</i> <i>Romaine Lettuce</i> <i>Fresh Whole Fruit</i> <i>Black Bean Salad</i> <i>Assorted Chilled Fruit</i> <i>Grape Tomatoes</i>

MIDDLE SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338

Menus are subject to change without notice

This institution is an equal opportunity provider.