



# Tri County Middle School

## LUNCH MENU January 22nd - 26th, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Salisbury Bowl</b>	<b>Meatball Sub</b>	<b>Nacho Bowl</b>	<b>Chicken Tender Bowl</b>	<b>Hot Dog Bar</b>
<b>create</b>	Salisbury Steak Mashed Potatoes with Creamy Beef Gravy Sauted Mushrooms Whole Grain Biscuit	Meatball Sub with Mozzarella Cheese Crinkle Cut Fries	Spicy Taco Meat Tortilla Chips Cheese Sauce Refried Beans Guacamole and Pico de Gallo	Chicken Tenders with a Sriracha Honey Mustard Dip Macaroni Salad Buffalo Cauliflower	All Beef Hot Dog Toppings include Chili, Macaroni & Cheese, Tomatoes, Onions, Jalapenos Boston Baked Beans
<b>2<sup>nd</sup> mate</b>	Pepperoni Pizza Classic Cheese Pizza	Taco Pizza with Cheddar Cheese Classic Cheese Pizza	Bacon Tater Tot Pizza Classic Cheese Pizza	BBQ Chicken Pizza Classic Cheese Pizza	Pulled Pork Pickle Pizza Classic Cheese Pizza
<b>grill'd</b>	Classic Cheeseburger Breaded Chicken on a Bun	Spicy Tenders with a Biscuit Ham & Pepperjack on a Cheddar Jalapeno Wrap	BLT Biurger Breaded Chicken on Waffles	Spicy Chicken with Cheese on a Bun Turkey Bacon Ranch Wrap	Mushroom Swiss Burger Nashville Chicken Nuggets with Dinner Roll
<b>ON-GO</b>	Chicken Bacon Club Sandwich	Ham & Cheese Wrap	Turkey Cobb Salad	Tuna Salad Sub	Veggie Wrap with Egg and Cream Cheese
	Make your own Parfait				
<b>EXTRA EXTRA</b>	Power Carrots Fresh Whole Fruit Chickpea Salad Garbanzo Beans Celery Sticks Assorted Chilled Fruit	Fresh Celery Sticks Chopped Romaine Fresh Whole Fruit Chickpea Salad Pear Raisin Salad Assorted Chilled Fruit	Fresh Broccoli Grape Tomatoes Fresh Whole Fruit Assorted Chilled Fruit Power Carrots Chopped Romaine	Ranch Corn Salad Grape Tomatoes Fresh Whole Fruit Assorted Chilled Fruit Chickpea Salad Chopped Romaine	Baby Carrots Red Peppers Fresh Whole Fruit Assorted Chilled Fruit Pear Raisin Salad Chopped Romaine

**MIDDLE SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.**

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338