



Tri County Middle School

LUNCH MENU January 1st - 5th, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
create	Welcome Back!		Chicken Wings	Nacho Bowl	Chicken Alfredo
			Sweet & Sour Chicken Wings Veggie Eggroll Sweet & Sour Dipping Sauce	Spicy Taco Meat Tortilla Chips Shredded Cheddar Refried Beans Guacamole Pico de Gallo	Diced Chicken Pasta with Alfredo Sauce Dinner Roll Oven Roasted Broccoli
2nd mato	Pepperoni Pizza	Bacon Cheeseburger Pizza	Hawaiian Pizza	Pepperoni Pizza with Jalapenos	Supreme Sausage Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
grill'd	Classic Cheeseburger	Chicken Tenders with a Breadstick	Cheddar Burger with Jalapenos	BLT Burger	Classic Cheeseburger
	Breaded Chicken Sandwich	Chicken Sandwich with BBQ and Cheddar	Chicken Ranch Sandwich	Hot Turkey Sandwich with Bacon/Provolone	Grilled Chicken Sandwich
ON THE GO	Chicken BLT Salad	Turkey Hummus Wrap with Spinach/Tomatoes	Roast Beef and Provolone on Sliced Bread	Chef Salad with Ham & Cheddar	Egg Salad Croissant
	Make your own Parfait Bar				
EXTRA EXTRA	Black Bean Salad	Celery Sticks	Power Carrots	Black Bean Salad	Cauliflowerettes
	Romaine Lettuce	Romaine Lettuce	Romaine Lettuce	Romaine Lettuce	Romaine Lettuce
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
	Sliced Red Peppers	2 Bean Salad	Grape Tomatoes	2 Bean Salad	Black Bean Salad
	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
	Power Carrots	Sliced Cucumbers	Cauliflowerettes	Sliced Cucumbers	Grape Tomatoes

MIDDLE SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338

Menus are subject to change without notice

This institution is an equal opportunity provider.