



Tri County High School

LUNCH MENU September 29th - October 3rd, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast for Lunch	Sub Bar	Chicken Drumstick	Sub Bar	Make your own Fran
create	Scrambled Eggs Sausage Patty French Toast Balls with Powdered Sugar Tater Tots Maple Syrup	Turkey, Salami, Ham, or Pepperoni Assorted Cheeses, Lettuce, Tomatoes, and other Burger toppings WG Sub or Wrap	Breaded Chicken Drumstick Macaroni & Cheese Mini Sub Roll Green Peas	Turkey, Salami, Ham, or Pepperoni Assorted Cheeses, Lettuce, Tomatoes, and other Burger toppings WG Sub or Wrap	Hot Dog on a WG Bun Assorted Toppings: Chili, Mac & Cheese, Onion, Jalapeno, Cheese, etc Baked Beans
2nd mate	Pepperoni Pizza Classic Cheese Pizza	Dill Pickle Pizza Classic Cheese Pizza	Sausage Gravy Pizza Classic Cheese Pizza	Meat Lover's Pizza Classic Cheese Pizza	Pepperoni & Ham Pizza with Veggies Classic Cheese Pizza
grill'd	Cheeseburger on WG Bun Spicy Chicken Sandwich	Pizza Burger Chicken Sliders	Chicken Tenders with a Biscuit Pepperjack Burger with Jalapeno on WG Bun	Mexi Cheeseburger BBQ Breaded Chicken with Cheddar	Chicken Parm Sandwich Bosco Sticks with Pizza Sauce Dip
THE ONGO	Hummus with Chips and Veggies	Ham Chef Salad	Turkey & Bacon Salad	Greek Chicken Salad with Feta & Tzatziki Dressing	Boneless Chicken Wing Salad with Veggies
	Tzaziki Chicken Wrap	Chicken Salad on a Croissant	Buffalo Ranch Grilled Chicken Wrap Make your own Parfait	Chickpea Salad Wrap	Triple Decker PB&J Sandwich
EXTRA! EXTRA!	Sliced Cucumber Chopped Romaine Grape Tomatoes Green Peppers Power Carrots Fresh Whole Fruit Assorted Chilled Fruit	Grape Tomatoes Chopped Romaine Corn & Black Bean Fresh Cauliflower Power Carrots Fresh Whole Fruit Assorted Chilled Fruit	Sliced Cucumbers Chopped Romaine Red Pepper Strips Pea Salad Sliced Tomatoes Fresh Whole Fruit Assorted Chilled Fruit	Power Carrots Chopped Romaine Caribbean Salad Pea Salad PeaPods Fresh Whole Fruit Assorted Chilled Fruit	Fresh Cauliflower Chopped Romaine Grape Tomatoes Corn & Black Bean Sliced Cucumbers Fresh Whole Fruit Assorted Chilled Fruit

HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.

Menus subject to change without notice

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338 ext. 1118