









## **Tri County High School**

LUNCH MENU August 25th - 29th, 2025

|        | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |
|--------|--|--|---|--|--|
|        | Chicken Bar  | Sub Bar  | Nacho Bowl  | Sub Bar  |  |
| Create | Spicy or Regular<br>Chicken Patty<br>Regular or Pretzel<br>Bun<br>Assorted Cheeses<br>and Toppings | Turkey, Salami, Ham, or<br>Pepperoni<br>Assorted Cheeses,<br>Lettuce, Tomatoes, and<br>other Burger toppings | Spicy Taco Meat<br>Tortilla Chips<br>Cheese Sauce<br>Refried Beans<br>Guacamole<br>Sour Cream | Turkey, Salami, Ham, or<br>Pepperoni<br>Assorted Cheeses,<br>Lettuce, Tomatoes, and<br>other Burger toppings | No School<br>Today                               |
|        | Seasoned Curly Fries   | WG Sub or Wrap   | Pico de Gallo   | WG Sub or Wrap   |  |
| mato   | Pepperoni Pizza  | Sausage Pizza  | Chicken Bacon<br>Ranch Pizza  | Pepperoni Pizza  | Scrambled Egg &<br>Sausage Pizza                 |
|        | Classic Cheese Pizza   | Classic Cheese Pizza   | Classic Cheese Pizza  | Classic Cheese Pizza   | Classic Cheese Pizza                             |
|        |  |  |   |  |  |
| m(a    | Classic<br>Cheeseburger  | Pork & Cheese<br>Quesadilla  | Jalapeno Cheddar<br>Turkey on a WG Bun  | Cheddar Burger with Avocado Breaded Chicken  | Honey BBQ Rib on a<br>WG Bun                     |
| 50     | Three Cheese Grilled<br>Sandwich   | Garden Burger on a<br>WG Bun   | Breaded Chicken with<br>Pickles Sandwich  |  | Breaded Chicken and Cheese Sandwich              |
|        |  |  |   |  |  |
| 60     | Chicken and Cheese<br>Chef Salad   | 3 Cheese Chef Salad  | Turkey, Pepperjack,<br>and Egg Chef Salad   | Ham & Cheddar<br>Cheese Chef Salad   | Egg and Cheddar<br>Chef Salad                    |
|        |  |  |   | Hot Hoot ('hoooo   |  |
| 6      | Roast Beef Sub with<br>Horseradish Sauce   | Feta Veggie Hummus<br>Wrap   | All American Sub  | Hot Beet, Cheese,<br>and Jalapeno<br>Peppers on a Sub<br>Roll  | Swiss & Pepperjack<br>on a Sub with<br>Guacamole |
|        | Make your own Parfait Bar  |  |   |  |  |
|        | Celery Sticks  | Cauliflowerettes   | Sweet Corn Salad  | Italian Chickpea Salad   | Grape Tomatoes                                   |
|        | Sweet Corn Salad   | PeaPods  | Sliced Cucumbers  | Broccoli Flowerettes   | Red Pepper Strips                                |
|        | Fresh Whole Fruit  | Fresh Whole Fruit  | Fresh Whole Fruit   | Fresh Whole Fruit  | Fresh Whole Fruit                                |
|        | Assorted Chilled Fruit   | Assorted Chilled Fruit   | Assorted Chilled Fruit  | Assorted Chilled Fruit   | Assorted Chilled Fruit                           |
|        | Chopped Romaine  | Chopped Romaine  | Chopped Romaine   | Chopped Romaine  | Chopped Romaine                                  |
|        | Power Carrots  | Italian Chickpea Salad   | Grape Tomatoes  | Celery Sticks  | Sweet Corn Salad                                 |

HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338