









## **Tri County High School**

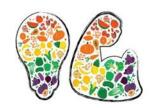
LUNCH MENU March 18th - 22nd, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
	Burger Bar	Korean BBQ Sauce	Pulled Pork Bowl	Chicken Alfredo	
Create	100% Beef Patty	Chicken Nuggets douced in Korean BBQ Sauce Tortilla Wrap Diakon Radish Slaw	Housemade Pulled Pork Macaroni & Cheese Creamy Cole Slaw	Diced Chicken in Alfredo Sauce WG Penne Pasta Oven Roasted Broccoli WG Dinner Roll	Spring Break Starts Today
	Grioc Guing Thes				
mato	Pepperoni Pizza	Beef Taco Pizza	Bacon Tater Tot Pizza	Pesto Pizza with Feta Cheese	Pulled Pork Pizza with Pickles
40	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
<b>II</b> (4	Classic Cheeseburger	Spicy Chicken Tenders with a	Beef Taco Hand Pie	Spicy Chicken with Cheese on a Bun	Mushroom Swiss Burger
, E	Chicken Cordon Bleu	Ham & Pepperjack Jalapeno Quesadilla	Chicken on Waffle Sandwich	Turkey Bacon Ranch Hot Wrap	Nashville Chicken Nuggets/Dinner Roll
90	Italian Salad with Turkey and Pepperoni	Ham & Swiss Chef Salad	Turkey Cobb Salad	Chicken Fajita & Cheddar Cheese Chef Salad	Turkey & Cheese Chef Salad
3HT	THE THE				
8	Bacon Turkey Ranch Wrap	Little Italy	Chicken Salad Wrap	Tuna Salad Sub	Turkey & Cheese Club on a Croissant
			Make your own Parfait		
XINE	Chickpea Salad Chopped Romaine Grape Tomatoes	Celery Sticks Chopped Romaine Green Peppers	Potato Salad Chopped Romaine Broccoli Florets	Chickpea Salad Chopped Romaine Power Carrots	Cauliflowettes Chopped Romaine Grape Tomatoes
	Sliced Cucumbers	Potato Salad	Grape Tomatoes	Grape Tomatoes	Potato Salad
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
	Power Carrots	Fresh Broccoli	Chickpea Salad	Fresh Cauliflower	Power Carrots

HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include skim white and skim chocolate.



BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.



alisbury Bov

Salisbury Stea Mashed Potatoes Sauted Mushrooms Whole Grain Biscuit

led Pork Balisbury Borken Taco Sief Stroganiomato Souken Taco Sicken Alfre							
	alisbury Stea	Chicken	Beef	italian Tomato	Chicken	Chicken in	
e Pulled	Mashed	Assorted	Penne	Soup with	Assorted	vv&lfrednie	
Macaroni	Potatoes	Toppings	Dinner Roll	Macaroni,	Toppings	Poetn	
	ted Mushrod	•	Seasoned	Meathalls	including	Roasted	
Creamy	ple Grain Bis	Black		Cheese &	Black	vv&roกกไล	
		Beans,		Herb	Beans,	ווים בייווום	
		Romaine		Breadstick	Avocado		

Chicken Salad Wrap