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## Tri County High School

LUNCH MENU March 18th - 22nd, 2024

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Burger Bar | Korean BBQ Sauce | Pulled Pork Bowl | Chicken Alfredo |  |
| $\square$ <br> $+\infty$ <br> $\square$ | 100\% Beef Patty Regular or Pretzel Bun <br> Assorted Cheeses, Lettuce, Tomatoes, and other Burger toppings Seasoned Curly Fries Shoe String Fries | Chicken Nuggets douced in Korean BBQ Sauce Tortilla Wrap Diakon Radish Slaw | Housemade Pulled Pork <br> Macaroni \& Cheese Creamy Cole Slaw | Diced Chicken in Alfredo Sauce WG Penne Pasta Oven Roasted Broccoli WG Dinner Roll | Spring <br> Break <br> Starts <br> Today |
|  | Pepperoni Pizza <br> Classic Cheese Pizza | Beef Taco Pizza <br> Classic Cheese Pizza | Bacon Tater Tot Pizza <br> Classic Cheese Pizza | Pesto Pizza with Feta Cheese <br> Classic Cheese Pizza | Pulled Pork Pizza with Pickles Classic Cheese Pizza |
|  | Classic <br> Cheeseburger <br> Chicken Cordon Bleu | Spicy Chicken Tenders with a Ham \& Pepperjack Jalapeno Quesadilla | Beef Taco Hand Pie <br> Chicken on Waffle Sandwich | Spicy Chicken with Cheese on a Bun Turkey Bacon Ranch Hot Wrap | Mushroom Swiss Burger <br> Nashville Chicken Nuggets/Dinner Roll |
|  | Italian Salad with Turkey and Pepperoni | Ham \& Swiss Chef Salad | Turkey Cobb Salad | Chicken Fajita \& Cheddar Cheese Chef Salad | Turkey \& Cheese Chef Salad |
|  | Bacon Turkey Ranch Wrap | Little Italy | Chicken Salad Wrap | Tuna Salad Sub | Turkey \& Cheese Club on a Croissant |
|  | Make your own Parfait |  |  |  |  |
|  | Chickpea Salad Chopped Romaine Grape Tomatoes Sliced Cucumbers Fresh Whole Fruit Assorted Chilled Fruit Power Carrots | Celery Sticks Chopped Romaine Green Peppers Potato Salad Fresh Whole Fruit Assorted Chilled Fruit Fresh Broccoli | Potato Salad <br> Chopped Romaine <br> Broccoli Florets <br> Grape Tomatoes <br> Fresh Whole Fruit <br> Assorted Chilled Fruit <br> Chickpea Salad | Chickpea Salad Chopped Romaine Power Carrots Grape Tomatoes Fresh Whole Fruit Assorted Chilled Fruit Fresh Cauliflower | Cauliflowettes <br> Chopped Romaine <br> Grape Tomatoes Potato Salad Fresh Whole Fruit Assorted Chilled Fruit Power Carrots |

HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include skim white and skim chocolate.


BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include $1 \%$ white and skim chocolate.

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Salisbury Stea Mashed Potatoes Sauted Mushrooms Whole Grain Biscuit
led Pork Balisbury Borken Taco S:ef Stroganiomato Souken Taco Sicken Alfre


