

## Tri County High School

## LUNCH MENU February 12th - 16th, 2024

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Breakfast for Lunch | Buffalo Blue Wrap | DR Chicken Stew | Pizza Bosco |  |
| $\begin{aligned} & \square \\ & +\infty \\ & \square \\ & \square \end{aligned}$ | French Toast Scrambled Eggs Sausage Patty Tater Tots Maple Syrup | Popcorn Chicken Cheddar Cheese Pretzels <br> Tortilla Wrap Assorted Toppings \& Blue Cheese Sauce | Dominican Republic Chicken Stew with Veggies <br> Puerto Rico Sofrito Brown Rice | Pepperoni Bosco Sticks <br> Pesto Marinara Sauce <br> Baby Kale Salad with Cranberries | $\begin{aligned} & \text { No School } \\ & \text { Today } \end{aligned}$ |
|  | Pepperoni Pizza <br> Classic Cheese Pizza | Veggie Lover's Pizza <br> Classic Cheese Pizza | Chicken Alfredo Pizza <br> Classic Cheese Pizza | Meat Lover's Pizza <br> Classic Cheese Pizza | Broccoli Ricotta Pizza <br> Classic Cheese Pizza |
|  | Cheeseburger on WG Bun <br> Spicy Chicken Sandwich | Pizza Burger <br> Chicken Parm Sandwich | Chicken Tenders with a Biscuit <br> Pepperjack Burger with Jalapeno on WG Bun | Chani Masala <br> BBQ Breaded Chicken with Cheddar | Pulled Pork Sandwich <br> Cheese Breadsticks with Pizza Sauce Dip |
|  | Hummus with Chips and Veggies | Italian Salad | Turkey \& Ham Chef Salad with Cheddar | Greek Chicken Salad with Feta | Strawberry Chicken Salad with Raspberry Vinaigrette |
|  | Italian Wrap <br> Strawberry Parfait | Chicken Salad on a Croissant Strawberry Parfait | Buffalo Ranch Grilled Chicken Wrap Strawberry Parfait | Veggie Wrap with Hummus and Feta Strawberry Parfait | Triple Decker PB\&J Sandwich Strawberry Parfait |
|  | Sliced Cucumber <br> Chopped Romaine <br> Grape Tomatoes <br> Green Peppers <br> Power Carrots <br> Fresh Whole Fruit <br> Assorted Chilled Fruit | Grape Tomatoes Chopped Romaine Caribbean Salad Fresh Cauliflower Corn Ranch Salad Fresh Whole Fruit Assorted Chilled Fruit | Sliced Cucumbers <br> Chopped Romaine <br> Red Pepper Strips Baked Beans <br> Caribbean Salad <br> Fresh Whole Fruit <br> Assorted Chilled Fruit | Power Carrots <br> Chopped Romaine <br> Caribbean Salad <br> Corn Ranch Salad <br> Baked Beans <br> Fresh Whole Fruit <br> Assorted Chilled Fruit | Fresh Cauliflower Chopped Romaine Grape Tomatoes Corn Ranch Salad Sliced Cucumbers Fresh Whole Fruit Assorted Chilled Fruit |

HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include $1 \%$ white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338 ext. 1118

