



# Tri County High School

LUNCH MENU January 8th - 12th, 2024

## Celebrate China

	Monday	Tuesday	Wednesday	Thursday	Friday
	Nacho Bowl	Chicken Gravy Bowl	Chinese Noodles	Chicken Bar	Meatloaf Plate
<b>create</b>	Spicy Taco Meat Tortilla Chips Shredded Cheddar Refried Beans Guacamole Sour Cream Pico de Gallo	Popcorn Chicken Mashed Potatoes with Gravy Shredded Cheddar Seasoned Corn Dinner Roll	Turkey Noodles with a Peanut Butter Sauce Asian Cucumber Salad	Spicy or Regular Chicken Patty Regular or Pretzel Bun Assorted Cheeses and Toppings Seasoned Sprial Fries	Housemade Turkey Meatloaf Chipolte Ketchup Baked Potato with Butter/Sour Cream Garlic Breadsticks
<b>2. nato</b>	Pepperoni Pizza Classic Cheese Pizza	Sausage Pizza Classic Cheese Pizza	Chicken Bacon Ranch Pizza Classic Cheese Pizza	Pepperoni Pizza Classic Cheese Pizza	Scrambled Egg & Sausage Pizza Classic Cheese Pizza
<b>grill'd</b>	Classic Cheeseburger Breaded Chicken Sandwich	Pork & Cheese Quesadilla Garden Burger on a WG Bun	Turkey Burger with Cheddar and Jalapenos Breaded Chicken with Pickles Sandwich	Cheddar Burger with Avocado Pulled Pork Sub with Provolone/Roasted Red Peppers/Banana Rings	Bacon Cheddar BBQ Burger Breaded Chicken and Cheese Sandwich
<b>ON THE GO</b>	Chicken and Cheese Chef Salad	3 Cheese Chef Salad	Mediterranean Salad with Tzitziki Dressing	Ham & Cheddarr Cheese Chef Salad	Egg and Cheddar Chef Salad
	Turkey & Cheese Sub	Roast Beef Sub with Horseradish Sauce	Italian Hoagie	All American Sub	Swiss & Pepperjack on a Sub with Avocado
	Make your own Parfait Bar				
<b>EXTRA EXTRA</b>	Celery Sticks Cheddar Pea Salad Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Power Carrots	Cauliflowerettes Golden Corn Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Chickpea Salad	Cheddar Pea Salad Sliced Cucumbers Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Grape Tomatoes	Chickpea Salad Broccoli Flowerettes Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Celery Sticks	Grape Tomatoes Red Pepper Strips Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Cheddar Pea Salad

**HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.**

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338