



Tri County High School

LUNCH MENU January 29th - February 2nd, 2024

WELCOME TO THE CARIBBEAN

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Drumstick	Burger Bar	TOTchos	Burger Bar	Bahama Bowl
create	Chicken Drumstick Macaroni & Cheese Roasted Buffalo Cauliflower	100% Beef Patty Regular or Pretzel Bun Assorted Cheeses, Lettuce, Tomatoes, and other Burger toppings	Tator Tots Turkey Barbacoa with Cheese Sauce and Guacamole	100% Beef Patty Regular or Pretzel Bun Assorted Cheeses, Lettuce, Tomatoes, and other Burger toppings	Bahama Chicken Curry Tenders Cilantro Lime Rice Jamaican Greens
	Roasted Buffalo Cauliflower		Corn Muffin Baked Cheetoes		
		Shoe String Fries		Shoe String Fries	
2 nd mate	Pepperoni Pizza	Bacon Cheeseburger Pizza	Hawaiian Pizza	Pepperoni & Jalapeno Pizza	Supreme Sausage Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
grill'd	Beef Cheeseburger	Salami & Cheese on a Croissant	Jalapeno Cheddar Burger	BLT Burger	Beef Taco Hand Pie
	Breaded Chicken Sandwich	BBQ Breaded Chicken with Cheddar Cheese	Chicken Ranch Sandwich	Turkey, Bacon, and Pepperjack on a Sub	Grilled Chicken Sandwich
ON THE GO	Chicken BLT Salad	Turkey, Ham, Egg, Chef Salad with Provolone	Caribbean Salad with Chicken, Rice, and Beans	Ham, Turkey, and Pepperjack Chef Salad	Italian Salad with Pepperoni, Ham, Salami, and Mozzarella Cheese
	Ham and Swiss Sub	Turkey Hummus Wrap	Roast Beef Provolone Sub	Egg Veggie Wrap with Cream Cheese	Egg Salad On a Croissant with Lettuce
	Make your own Parfait Bar				
EXTRA! EXTRA!	Black Bean Salad Romaine Lettuce Fresh Whole Fruit Assorted Chilled Fruit Green Peas Power Carrots	Celery Sticks Romaine Lettuce Fresh Whole Fruit Assorted Chilled Fruit Sweet Corn Salad Fresh Broccoli	Power Carrots Romaine Lettuce Fresh Whole Fruit Assorted Chilled Fruit Grape Tomatoes Black Bean Salad	Black Bean Salad Romaine Lettuce Fresh Whole Fruit Assorted Chilled Fruit Power Carrots Sliced Cucumbers	Fresh Cauliflower Romaine Lettuce Fresh Whole Fruit Assorted Chilled Fruit Black Bean Salad Grape Tomatoes

HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include skim white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338