



# Tri County High School

LUNCH MENU January 22nd - 26th, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>create</b>	<b>Pulled Pork Bowl</b> Housemade Pulled Pork Macaroni & Cheese Cheddar Breadstick Creamy Cole Slaw	<b>Burger Bar</b> 100% Beef Patty <i>Regular or Pretzel Bun</i> Assorted Cheeses, Lettuce, Tomatoes, and other Burger toppings  Shoe String Fries	<b>Chinese Chicken</b> Chinese Marinated Chicken Tenders  Chinese Brown Rice  Garlic Ginger Bok Choy	<b>Chicken Taco Salad</b> Chicken Fajita Meat Assorted Toppings including Black Beans, Cheddar Cheese, Salsa, & Black Olives Avocado Ranch	<b>Chicken Alfredo</b> Diced Chicken in Alfredo Sauce WG Penne Pasta Oven Roasted Broccoli WG Dinner Roll
<b>2<sup>nd</sup> mate</b>	Pepperoni Pizza  Classic Cheese Pizza	Beef Taco Pizza  Classic Cheese Pizza	Bacon Tater Tot Pizza  Classic Cheese Pizza	Pesto Pizza with Feta Cheese  Classic Cheese Pizza	Pulled Pork Pizza with Pickles  Classic Cheese Pizza
<b>grill'd</b>	Classic Cheeseburger  Chicken Cordon Bleu	Spicy Chicken Tenders with a Ham & Pepperjack Jalapeno Quesadilla	Beef Taco Hand Pie  Chicken on Waffle Sandwich	Spicy Chicken with Cheese on a Bun Turkey Bacon Ranch Hot Wrap	Mushroom Swiss Burger Nashville Chicken Nuggets/Dinner Roll
<b>ON THE GO</b>	Italian Salad with Turkey and Pepperoni	Ham & Swiss Chef Salad	Turkey Cobb Salad	Chicken Fajita & Cheddar Cheese Chef Salad	Turkey & Cheese Chef Salad
	Bacon Turkey Ranch Wrap	Little Italy	Chicken Salad Wrap	Tuna Salad Sub	Turkey & Cheese Club on a Croissant
	Make your own Parfait				
<b>EXTRA</b>	Chickpea Salad Chopped Romaine Grape Tomatoes Sliced Cucumbers Fresh Whole Fruit Assorted Chilled Fruit Power Carrots	Celery Sticks Chopped Romaine Green Peppers Potato Salad Fresh Whole Fruit Assorted Chilled Fruit Fresh Broccoli	Potato Salad Chopped Romaine Broccoli Florets Grape Tomatoes Fresh Whole Fruit Assorted Chilled Fruit Chickpea Salad	Chickpea Salad Chopped Romaine Power Carrots Grape Tomatoes Fresh Whole Fruit Assorted Chilled Fruit Fresh Cauliflower	Cauliflowettes Chopped Romaine Grape Tomatoes Potato Salad Fresh Whole Fruit Assorted Chilled Fruit Power Carrots

**HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include skim white and skim chocolate.**

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338

This institution is an equal opportunity provider.