



Tri County Elementary Lunch Menu

February 2024

Monday	Tuesday	Wednesday	Thursday	Friday
(1)29 Cheeseburger on a WG Bun <i>Crinkle Cut Fries</i> <i>Fresh Lettuce and Sliced Tomato</i>	30 WG Chicken Drumstick <i>Macaroni & Cheese</i> <i>Seasoned Oven Roasted Cauliflower</i>	31 Scrambled Eggs, Sausage, and French Toast <i>Tater Tots</i>	1 Beef Hot Dog on a WG Bun <i>Pickle Relish/Onions</i> <i>Boston Baked Beans</i>	2 Cheese or Pepperoni Pizza <i>Spring Mix Salad</i>
(2)5 Pancake on a Stick <i>Sweet Potato Fries</i>	6 Nachos with Cheese Sauce <i>Taco Meat</i> <i>Seasoned Refried Beans and Salsa</i>	7 Meatball Sub with Mozzarella Cheese <i>Crinkle Cut Fries</i>	8 Popcorn Chicken <i>Corn Muffin</i> <i>Seasoned Corn or Caribbean Salad</i>	9 Cheese or Pepperoni Pizza <i>Spring Mix Salad</i>
(3)12 Chicken Nuggets with BBQ Dip <i>Seasoned Corn</i> <i>Macaroni Salad</i>	13 Diced Ham with Macaroni & Cheese <i>Seasoned Broccoli</i> <i>Seasoned Broccoli</i>	14 Breaded Chicken Patty on WG Bun <i>Cauliflower "Potato" Salad</i> <i>Fresh Lettuce and Sliced Tomato</i>	15 Cheese or Pepperoni Pizza <i>Spring Mix Salad</i>	16 No School Today
(4)19 No School Today	20 Chicken Tenders with a WG Dinner Roll <i>Honey Mustard Dip</i> <i>2 Bean Salad</i>	21 Sweet & Sour Popcorn Chicken <i>Sweet & Sour Sauce</i> <i>Veggie Egg Roll</i>	22 Ham and Cheese Sandwich <i>Cole Slaw</i> <i>Fresh Lettuce and Sliced Tomato</i>	23 Cheese or Pepperoni Pizza <i>Spring Mix Salad</i>
DAILY FRUIT AND VEGGIE BAR				
<i>Celery Sticks</i> <i>Fresh Green Peppers</i> <i>Fresh Cauliflower</i> <i>Fresh Broccoli</i>	<i>Power Carrots</i> <i>Romaine Lettuce</i> <i>Grape Tomatoes</i> <i>Sliced Cucumbers</i>	<i>Black Bean Salad (1)</i> <i>Cheddar Pea Salad (2)</i> <i>Caribbean Salad (3)</i> <i>Chickpea Salad (4)</i>	<i>Two Bean Salad (1)</i> <i>Pear Raisin Salad (2)</i> <i>Italian Chickpeas (3)</i> <i>Teriyaki Broccoli Salad (4)</i>	For questions, comments, for suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338 ext. 1118
DAILY ALTERNATES				
PB&J will be available everyday as an optional meal. (As long as it is in stock.)				
Cold Nacho Dip (Week 1)	Make your own Parfait with a Cheese Stick (Week 2)	Hard-boiled Egg, Muffin, and Cheez-its (Week 3)	Big Cinnamon Toast Crunch, Turkey Jerky, Cheese Stick (Week 4)	

ELEMENTARY: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and 1% chocolate.