



Tri County Elementary Lunch Menu

September/October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
(1)15 Cheeseburger on a WG Bun <i>Seasoned Fries</i> <i>Fresh Lettuce and Sliced Tomato</i>	16 WG Chicken Drumstick <i>Macaroni & Cheese</i> <i>Roasted Cauliflower</i>	17 Egg, Cheese, and Sausage on a Croissant <i>Hash Browns</i>	18 Beef Hot Dog on a WG Bun <i>Pickle Relish/Onions</i> <i>Boston Baked Beans</i>	19 Cheese or Pepperoni Pizza <i>Spring Mix Salad</i>
(2)22 Honey BBQ Rib on a WG Bun <i>Wedge Fries</i>	23 Popcorn Chicken <i>Mashed Potatoes and Gravy</i> <i>Dinner Roll</i>	24 Chicken and Cheese Burrito with Queso Cheese Sauce <i>Salsa</i>	25 Pancake on a Stick with a Strawberry Stuffed Cream Cheese Bagel <i>Tater Tots</i>	26 Cheese or Pepperoni Pizza <i>Spring Mix Salad</i>
(3)29 Chicken Tempura Nuggets <i>Sweet & Sour Sauce</i> <i>Chicken Eggroll</i>	30 Sloppy Joes on a WG Bun <i>Waffle Fries</i>	1 Nachos with Cheese Sauce <i>Refried Beans with Salsa</i>	2 Chicken Tenders <i>Baked Fingerling Potatoes</i> <i>Caribbean BBQ Sauce</i>	3 Cheese or Pepperoni Pizza <i>Spring Mix Salad</i>
(4)6 Big Corn Dog <i>Corn on the Cob</i>	7 Regular or Spicy Chicken Patty on a WG Bun <i>Lettuce & Tomatoes</i>	8 Bosco Sticks <i>Marinara Sauce</i> <i>Glazed Carrots</i>	9 Chicken Nuggets <i>Asian Brown Rice</i> <i>Asian Cole Slaw</i>	10 Cheese or Pepperoni Pizza <i>Spring Mix Salad</i>
DAILY FRUIT AND VEGGIE BAR				
<i>Celery Sticks</i> <i>Fresh Green Peppers</i> <i>Fresh Cauliflower</i> <i>Fresh Broccoli</i>	<i>Power Carrots</i> <i>Romaine Lettuce</i> <i>Grape Tomatoes</i> <i>Sliced Cucumbers</i>	<i>Broccoli Raisin Salad (1)</i> <i>Black Bean/Corn Salad (2)</i> <i>3 Bean Salad (3)</i> <i>Asian Slaw (4)</i>	<i>Cauliflower "Potato" Salad (1)</i> <i>Caesar Salad (2)</i> <i>Pea Salad (3)</i> <i>White Bean Salad (4)</i>	
DAILY ALTERNATES				
PB&J will be available everyday as an optional meal. (As long as it is in stock.)				
Make your own Parfait with a Cheese Stick (Week 1)	Hard-boiled Egg, Muffin, and Cheez-its (Week 2)	Peanut Butter and Graham Crackers (Week 3)	Hummus, Baby Carrots, Tortilla Chips, Cheese Stick (Week 4)	

ELEMENTARY: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and 1% chocolate.

For questions, comments, for suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338 ext. 1118

Menu subject to change without notice