



## Tri County Elementary Lunch Menu October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
(1)13 <b>Cheeseburger on a WG Bun</b> <i>Seasoned Fries Fresh Lettuce and Sliced Tomato</i>	14 <b>WG Chicken Drumstick</b> <i>Macaroni &amp; Cheese Roasted Cauliflower</i>	15 <b>Egg, Cheese, and Sausage on a Croissant</b> <i>Hash Browns</i>	16 <b>Beef Hot Dog on a WG Bun</b> <i>Pickle Relish/Onions Boston Baked Beans</i>	17 <b>Cheese or Pepperoni Pizza</b> <i>Spring Mix Salad</i>
(2)20 <b>Honey BBQ Rib on a WG Bun</b> <i>Wedge Fries</i>	21 <b>Popcorn Chicken</b> <i>Mashed Potatoes and Gravy Dinner Roll</i>	22 <b>Chicken and Cheese Burrito with Queso Cheese Sauce</b> <i>Salsa</i>	23 <b>Pancake on a Stick with a Strawberry Stuffed Cream Cheese Bagel</b> <i>Tater Tots</i>	24 <b>Cheese or Pepperoni Pizza</b> <i>Spring Mix Salad</i>
(3)27 <b>Chicken Tempura Nuggets</b> <i>Sweet &amp; Sour Sauce Chicken Eggroll</i>	28 <b>Sloppy Joes on a WG Bun</b> <i>Waffle Fries</i>	29 <b>Nachos with Cheese Sauce</b> <i>Refried Beans with Salsa</i>	30 <b>Chicken Tenders</b> <i>Baked Fingerling Potatoes Caribbean BBQ Sauce</i>	31 <b>Cheese or Pepperoni Pizza</b> <i>Spring Mix Salad</i>
(4)3 <b>Big Corn Dog</b> <i>Corn on the Cob</i>	4 <b>Regular or Spicy Chicken Patty on a WG Bun</b> <i>Lettuce &amp; Tomatoes</i>	5 <b>Bosco Sticks</b> <i>Marinara Sauce Glazed Carrots</i>	6 <b>Chicken Nuggets</b> <i>Asian Brown Rice Asian Cole Slaw</i>	7 <b>Cheese or Pepperoni Pizza</b> <i>Spring Mix Salad</i>
DAILY FRUIT AND VEGGIE BAR				
<i>Celery Sticks Fresh Green Peppers Fresh Cauliflower Fresh Broccoli</i>	<i>Power Carrots Romaine Lettuce Grape Tomatoes Sliced Cucumbers</i>	<i>Broccoli Raisin Salad (1) Black Bean/Corn Salad (2) 3 Bean Salad (3) Asian Slaw (4)</i>	<i>Cauliflower "Potato" Salad (1) Caesar Salad (2) Pea Salad (3) White Bean Salad (4)</i>	For questions, comments, for suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338 ext. 1118
DAILY ALTERNATES				
PB&J will be available everyday as an optional meal. (As long as it is in stock.)				
Make your own Parfait with a Cheese Stick (Week 1)	Hard-boiled Egg, Muffin, and Cheez-its (Week 2)	Peanut Butter and Graham Crackers (Week 3)	Hummus, Baby Carrots, Tortilla Chips, Cheese Stick (Week 4)	The menu items below will be available for 3rd - 5th Graders
Ham & Cheddar on Sliced Bread	Chicken Chef Salad with Croutons	Turkey Club with Bacon on a WG Bun	Chef Ham & Cheese Salad	Salami & Cheese on a Croissant

**ELEMENTARY:** A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and 1% chocolate.

Menu subject to change without notice