

TRI COUNTY MIDDLE SCHOOL MENU

SALAD BAR: COMES WITH LUNCH Monday-Wednesday

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PIZZA CHICKEN NUGGETS BREAKFAST FOR LUNCH OR COOKS CHOICE SALAD BAR MILK CHOICE	2-MAX CHEESE STICKS MINI CORNDOGS GRILLED CHICKEN OR COOKS CHOICE SALAD BAR MILK CHOICE	TACO / w MEAT & CHEESE CHICKEN TENDERS OR COOKS CHOICE SALAD BAR MILK CHOICE	PIZZA HOT DISH (VARIES) OR COOKS CHOICE POTATOES & GRAVY Variety / Fruit Choices MILK CHOICE	CHIPS & CHEESE / w NACHO MEAT BURRITO OR COOKS CHOICE FRENCH FRIES Variety / Fruit Choices MILK CHOICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PIZZA BREAKFAST FOR LUNCH OR SALAD BAR MILK CHOICE	2-MAX CHEESE STICKS SOUP & SANDWICH OR SALAD BAR MILK CHOICE	CHICKEN FAJITA MEAT & CHEESE Hot Sub Sand. (varies) OR SALAD BAR MILK CHOICE	HOT DISH (VARIES) GRILLED CHICKEN OR POTATOES & GRAVY Variety / Fruit Choices MILK CHOICE	CHIPS & CHEESE / w NACHO MEAT TONY'S HOT POCKET OR TOSSED SALAD Variety / Fruit Choices MILK CHOICE

PLUS : AVAILABLE EVERY DAY:

CHEESEBURGER
CHICKEN SANDWICH
HAM or TURKEY WRAP

2 - YOGURT

Variety / Chef Salads
FRUIT YOGURT PARFAIT

OTHER ITEMS VARIED WITHIN THE MONTH

HOT DISHES: Rice Dishes--Chili--Casseroles--Spaghetti--Goulash--Turkey & Gravy--Ham Dinner--Baked Chicken Dinner
 FRENCH BREAD OR MEXICAN PIZZA BREAKFAST ITEMS RAVIOLI
 QUESADILLA POT PIES HOT POCKETS CHICKEN FRIES
 WALKING TACOS SAUSAGE / EGG MCMUFFINS HOT DISHES / different each week
 PLUS MANY MORE

MILK CHOICE DAILY: 1% CHOC-----1% WHITE-----FAT FREE

LUNCH PRICE \$2.05 / ADULTS \$2.65 / BREAKFAST \$1.25 / ADULTS \$1.85

MENU SUBJECT TO CHANGE IN SITUATIONS BEYOND OUR CONTROL

CIVIL RIGHTS ACT TITLE IX AND SECTION 504:

In the operation of Tri County Area School System, no person will be discriminated against on the basis of race, color, national origin, age, sex or handicapped.